

625F Geriatric Medicine

This rotation is for UC Irvine students only

Students must obtain permission from the course director prior to enrollment in this course

Course Description: Older patients present a wide variety of medical needs. While many are extremely healthy and active into advanced age, others present remarkable medical and psychosocial challenges. Caring for older adults requires physicians to be caring, knowledgeable, flexible, and willing to combine the finest skill and art of the medical profession. The Geriatric Medicine Elective introduces students to the wide variety of treatment and care options for older patients. Settings include ambulatory clinics- where student participate in primary care and consultation services, house calls, skilled nursing facilities and community agencies. All learners visit the Forensic Center, the first interdisciplinary agency in the country chartered with evaluating Elder Abuse.

Department: Family Medicine, Division of Geriatric Medicine and Gerontology

Prerequisites: UC Irvine students must have successfully completed their basic science curriculum.

Restrictions: UC Irvine students only. Students must obtain the permission of the Elective Director prior to enrollment.

Elective Director: Sonia Sehgal, MD, UC Irvine Medical Center, Division of Geriatric Medicine and Gerontology, 101 The City Dr. South, Bldg. 200, Suite 835 Orange, CA 92868, (714) 456-5530, ssehgal@uci.edu

Instructing Faculty: Sonia Sehgal, M.D., Lisa Gibbs, M.D., Herb Sier, M.D., Steven Tam M.D., Reza Talebi-Dalouei, M.D.,

Course Website: <http://www.som.uci.edu/geriatrics/>

Location/Time to Report on First Day: Please refer to individual schedule.

Elective Coordinator: Sonia Sehgal, MD, UC Irvine Medical Center, Division of Geriatric Medicine and Gerontology, 101 The City Dr. South, Bldg. 200, Suite 835 Orange, CA 92868, (714) 456-5530, ssehgal@uci.edu

Site: UCIMC Senior Health Clinic, affiliated skilled nursing facilities, community-based settings for older adults, Orange County Elder Abuse Forensic Center

Periods Available: Throughout the year

Duration: 2-4 weeks

Number of Students: 2 per rotation

Scheduling Coordinator:

UC Irvine students UC Irvine students must officially enroll for the course by contacting the Scheduling Coordinator via email or phone (714) 456-8462 to make a scheduling appointment.

Course Objectives: At the end of the rotation the student will be able to . . .

- Recognize the unique medical needs of older adult patients.
- Recognize geriatric medicine as a specialty with advanced qualifications.
- Demonstrate communication skills appropriate for older patients.
- Identify psychosocial concerns inherent in managing older adult medical problems.
- Understand the importance of polypharmacy and de-prescribing.
- Diagnose Alzheimer's Disease and other common forms of dementia

Key Topics:

- Functional assessment
- Psychosocial concerns
- Appropriate communication
- Interdisciplinary models of assessment and treatment
- Medication management in older patients

Competencies:

- Complete an evaluation of patient's activities of daily living.
- Identify 2 common agencies relevant to work with older patients.
- Identify benefits of utilizing an interdisciplinary team for assessing complicated patients.
- Communicate appropriately with older patients who may have hearing or vision loss.
- Screen for and identify cognitive impairment.
- List types of elder abuse and describe how to make an elder abuse report.

Attitudes and Commitment: Older patients present a wide variety of medical needs. While many are extremely healthy and active into advanced age, others present remarkable medical and psychosocial challenges. Caring for older adults requires physicians to be caring, knowledgeable, flexible, and willing to combine the finest skill and art of the medical profession.

Clinical Responsibilities of the Student: Students may be asked in some clinical settings to complete assessments and suggest treatment plans to supervising physicians. In other settings, especially community agencies, the student is responsible for professional conduct as they learn from interdisciplinary providers.

Patient Care Responsibilities: All students in clinical care settings are supervised by attending physicians.

Call Schedule of the Student: Students are not required to take after-hours or weekend call while on this rotation.

Procedures Students will Learn: Cognitive assessment

Percentage of Time in Ambulatory Setting: 100%

Conference/Lecture/Small Group Sessions:

Journal Club

Polypharmacy Rounds

Cognitive Evaluation

Course Hours Weekly Summary:

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|-----|-------------------------------------|
| 1.0 | Online Instruction |
| 2.5 | Conference |
| 27 | Clinic & House Calls |
| 1.0 | Inpatient |
| .50 | Lecture |
| 3 | Small Groups |
| 3 | Other: reading, writing, journaling |
| 40 | Total |
| | |

Official Grading Policy: The student will receive a grade of Honors, Pass or Fail. The student's final grade will be submitted on the standard UC Irvine elective evaluation form. The student will be evaluated by attending physicians on knowledge base, clinical skills, motivation, and professionalism. If the student fails the elective a grade of "F" will be permanently recorded on his/her transcript. The student can repeat the course for a second grade; however, the "F" will not be removed from the transcript.