

625H Introduction to Family Practice

This rotation is not accepting international students

External students must obtain approval from the course coordinator prior to enrollment in this course.

Course Description: The student will receive exposure to general family medicine clinical training by working with UCI family medicine residents and faculty. The elective will be ambulatory family medicine based at the Family Health Center in Santa Ana, including procedures, behavioral science, and urgent care. One week of the rotation can be spent (but is not required) on the inpatient family medicine service at the UCI Medical Center. The inpatient week requires approval in advance by the supervising faculty. One week of inpatient is only for students completing a 4-week elective. The student will also have the opportunity to participate in family medicine educational activities occurring at the Family Health Center. Knowledge of Spanish is helpful.

Department: Family Medicine

Prerequisites:

- Priority for enrollment is given to 4th year UCI students.
- UCI students must have successfully completed their basic science curriculum and their 3rd Year Clerkships.
- 3rd year UCI students may enroll in the elective during the second half of their 3rd year (January – May).
- Extramural students must be in their final year of undergraduate medical education.

Restrictions: Students must obtain approval from elective director prior to enrollment. This course does not accept international students. Students are only allowed 2 absent days. If more than 2 days are missed, students are required to make-up their days.

Elective Director: Kathryn Larsen M.D., UC Irvine Medical Center, Department of Family Medicine, Building 200, Room 835, Orange, CA 92868, (714) 456-5171, kmlarsen@uci.edu

Instructing Faculty: Faculty with academic appointments in the Department of Family Medicine at UC Irvine

Location/Time/Who to Report on the First Day: Junior Faculty Resident in the Precepting Room on first floor, Family Health Center Santa Ana, 800 N. Main St, Santa Ana at 8:30 AM

Site Coordinator: Jacqueline Osegueda, UC Irvine Medical Center, Department of Family Medicine, Building 200, Room 835, Orange, CA 92868, (714) 509-6381, oseguedj@uci.edu

Site: UCI Family Health Center, 800 N. Main St. Santa Ana, CA 92701 – First Floor, Family Medicine Precepting Room.

Periods Available: Throughout the year. Blocked during the month of December.

Duration: 2-8 weeks

Number of Students: 1 student per rotation block.

Scheduling Coordinator: UC Irvine students please email comsched@uci.edu or call (714) 456-8462 to make a scheduling appointment. Please read the following information carefully. Any student enrolled at a U.S. LCME medical school will use VSAS to apply. To apply please refer to this website <http://www.aamc.org/programs/vsas/>.

Course Objectives:

- Knowledgeable of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of health maintenance to prevent disease.
- Knowledgeable of basic clinical skills required to meet the skills objectives, including interviewing, physical diagnosis, communication and clinical reasoning process
- Competent in his/her ability to conduct a medical interview and counsel to take into account patient health beliefs, patient agenda and the need for comprehensive medical and psychosocial assessment.
- Skillful in his/her ability to competently perform a complete and organ-systems specific examination including a mental health status examination
- Skillful in his/her ability to articulate a cogent, accurate assessment and plan, and problem list, using diagnostic clinical reasoning skills in all the major disciplines.
- Skillful in his/her ability to search the medical literature, including electronic databases, and to locate and interpret up-to-date evidence to optimize patient care
- Skillful in his/her ability to practice effective preventive medicine by identifying, addressing and advocating for strategies to maintain health and well-being, to identify and treat disease early where appropriate and to advise on lifestyle practices.
- Able to function effectively within the context of complexity and uncertainty in medical care
- Able to identify and process ethical and professional issues
- Honest and show integrity reflecting the standards of the profession, in interacting with colleagues, patients, families and professional organizations (Ci)
- Professional in their behavior reflecting compassion and respect for patient privacy, altruism and a commitment to comprehensive, holistic medical care (Cii)
- Sensitive and aware of diverse cultures, health beliefs and social factors impacting patient health and illness (Ciii)
- Committed to seek knowledge and skills to better serve the needs of the underserved in their communities (Civ)
- Respectful of all colleagues and team members (Cv)

Key Topics:

- Hypertension
- Diabetes mellitus
- Dyslipidemia
- Obesity
- Musculoskeletal problems and sports medicine
- Women's Health
- Infectious diseases
- Depression
- Anxiety
- Adult health maintenance
- Well child exams
- Common skin disorders

Competencies:

- Diagnosis and management of topics mentioned above

Attitudes and Commitment:

- Professionalism
- Strong work ethic
- Patient advocacy and education
- Self-directed learning
- Sensitivity and awareness of diversity in patient population
- Commitment to family medicine principles of continuity
- Comprehensive and holistic medical care
- Commitment to working with the underserved and using appropriate community resources

Educational Activities: The student will be assigned each day to a 2nd or 3rd year Family Medicine resident. The student will have the opportunity to work in a large variety of clinics which includes:

- Continuity Care
- Same Day
- Minor OR
- Sports Medicine Clinic
- Integrative Medicine Clinic
- Post hospital follow up
- Mental health
- Family Planning Clinic (if requested)
- Renal
- Transgender Clinic (If requested)
- Mobile Van – Elementary School Visits
- Inpatient Wards (If requested / only available to students taking a 4 week elective).
- Group medical visits
 - Down Syndrome (Spanish on odd-numbered months)
 - Weight Management (Spanish)
 - Diabetes Management (Spanish)
 - Healthy Living
 - Pediatric Weight Management

What Students Should Do to Prepare for the Rotation: Learn medical Spanish if not already proficient; review key topics mentioned above.

Clinical Responsibilities of the Student: The student will be paired with a resident each half day that he/she is in clinic, and is to consult with the resident after seeing each patient, and before presenting the case to the attending physician. The student will observe and/or perform minor office procedures along with the resident and/or attending physician.

Patient Care Responsibilities: Same as above

Call Schedule of the Student: If the student is scheduled to be on the inpatient service as part of the elective he/she will take the call as determined by the senior resident on the service.

Percentage of Time in Ambulatory Setting: 100%, though students doing a 4 week rotation will be given the option to do one week of inpatient medicine on the Family Medicine ward

Conference/Lecture/Small Group Sessions: Various topics presented at Thursday noon conference such as CHF, diabetic medications, integrative medicine, etc. Morning Report is held on Wednesday Mornings. The student will need to prepare a 15 minute didactic to be presented during morning report.

Course Hours Weekly Summary:

36.0	Clinic
4.0	Thursday Noon Lecture + Wednesday Morning Report
2.0	Review
3.0	Other: reading, writing, journaling
45.0	Total

Content Theme Integration:

- Behavioral Science
- Communication Skills
- Community Health
- Decision Making
- Diversity
- Epidemiology
- Ethics
- Evidence Based Medicine
- Family Violence/Abuse
- Geriatrics
- Health Care Systems
- Home Health Care
- Medical Socio-economics
- Multicultural Medicine
- Nutrition
- Pain Management
- Patient-Health Education
- Population-based Medicine
- Practice Management
- Preventive & Health Maintenance
- Substance Abuse
- Women's Health

Recommended Reading:

- Robert Taylor's Family Medicine
- Gorol's Primary Care Medicine

Official Grading Policy: The student will receive a grade of Honors, Pass or Fail. The student's final grade will be submitted on the standard UCI elective form. The student will be evaluated by attendings and residents based upon attendance, knowledge base, clinical skills, technical skills, motivation, professionalism and humanistic qualities. The student will receive feedback from their Preceptor on an on-going basis. If the student fails the elective a grade of "F" will be permanently recorded on his/her transcript. The student can repeat the course for a second grade; however, the "F" will not be removed from the transcript.