

## 6250 UCI Outreach Clinic

This course is available to UCI 4th year students only

**Course Description:** A hands-on clinical experience that will expose students to community-oriented primary care for the underserved through preceptorship of the student by attending physicians and residents. Students will provide direct patient care to uninsured patients, coordinate referrals, and provide health education.

**Department:** Family Medicine

**Prerequisites:** UCI 4<sup>th</sup> year students only

**Restrictions:** UCI students only

**Elective Director:** Kathryn Larsen M.D., UCI, Department of Family Medicine, Building 200, Room 835, Orange, CA 92868 714-456-5171 [kmlarsen@uci.edu](mailto:kmlarsen@uci.edu)

**Instructing Faculty:** Kathryn Larsen M.D., UCI Residents, FM and IM Volunteer Faculty

**Course Website:** <http://ucioutreachclinics.org/>

**Who to Report to on First Day:** Clinic Floor Manager (will be notified via email who floor manager is)

**Location to Report on First Day:** Lestonnac Free Clinic 1215 E. Chapman Ave Orange, CA 92866

**Time to Report on First Day:** 8:30 am

**Site Coordinator:** Jacqueline Osegueda Department of Family Medicine, UC Irvine Health, 101 The City Drive South, Bldg 200, Suite 835 Orange, CA 92868, Phone: (714) 456-6381 Fax: 714.456.7933 [oseguedj@uci.edu](mailto:oseguedj@uci.edu)

**Periods Available:** Throughout the year

**Duration:** 1 or 2 week elective credit for 6 or 12 shifts at UCIOC, respectively

**Number of Students:** Maximum of 16 students throughout the academic year

**Scheduling Coordinator:** Scheduling done online by student. UC Irvine Outreach Clinic Board member will verify shifts completed. **Students may only sign-up for shifts that they are 100% sure they can commit to.**

**UCI Students please contact:** Please email [comsched@uci.edu](mailto:comsched@uci.edu) or call (714) 456-8462 to make a scheduling appointment.

**Course Objectives:** At the end of the rotation the student will:

- Acquire the skills to take a culturally-sensitive, medical history
- Master physical exam skills
- Improve patient presentations
- Broaden the differential diagnosis
- Understand the importance of coordinating multidisciplinary care for the underserved
- Learn about the social services available for the uninsured, including, but not limited to, patient education programs and medication coverage options
- Cultivate compassion and empathy for patients and their family members and enhance the patient-

physician communication

- Develop insight into how to provide high quality care for the uninsured and socially disenfranchised

**Key Topics:**

- Diabetes Mellitus
- Hypertension
- Hyperlipidemia
- Obesity
- Arthritis
- Depression
- Anxiety
- Common musculoskeletal problems
- Infectious diseases
- Common skin disorders

**Competencies:**

- Diagnosis and management of topics above
- Knowledge of community resources related to caring for the uninsured
- Medical management issues related to caring for the uninsured (e.g. diagnosis and treatment when expensive options are not available)

**Attitudes and Commitment:**

- Cultivation of compassion and empathy toward patients
- Medicine as a profession of service
- Renewed commitment to primary care in general, and in particular toward patients with lack of resources and low health literacy who are trying to navigate the health care delivery system
- Professionalism
- Work ethic
- Patient advocacy
- Self-directed learning
- Comprehensive and holistic medical care

**Educational Activities:** 6 or 12 clinical shifts per 12 month period. Students may only sign up for shifts that do not conflict with their other clerkships, on-call, or other clinical obligations. Students need to complete their clinical experiences at least one month prior to the date that they would like to receive credit for the elective.

**What Students Should do to Prepare for the Rotation:** Professional dress is required for meetings and patient encounters. Review elective requirements and student learning objectives. Review <http://www.ucioutreachclinics.org> website. Review lectures from the Family Medicine Core Clerkship and Internal Medicine Core Clerkship; Consult Robert Taylor's Family Medicine, Gorol's Primary Care Medicine and Pocket Medicine: The Massachusetts General Hospital Handbook of Internal Medicine

**Clinical Responsibilities of the Student:** The student will see patients as directed by the attending physicians and residents on duty.

**Patient Care Responsibilities:** The student will see patients as directed by the attending physicians and residents on duty.

**Call Schedule of the Student:** No call required

**Procedures Students will Learn:** No specific procedures will be required. The student will perform procedures as directed by the attending physicians and residents on duty.

**Percentage of Time in Ambulatory Setting:** 100%

**Conference/Lecture/Small Group Sessions:** There are no standardized lectures given during this elective, but students are highly encouraged to attend lectures given by the Caring for the Underserved Selective at the UCI Medical School campus.

**Course Hours Weekly Summary:**

48	Patient-Care Activities
20	Review (Independent
12	Other (Patient Education and Referrals)
80	Total

**List the required rotations that are part of the clerkship, and the average amount of time spent in each:**

Each shift is at the same location, but every day will bring a great diversity of patients. Shifts are every Saturday morning at Lestonnac Free Clinic and are from 8:30 am to 12:30 pm, but students will stay until clinic duties for the day are completed.

**Optional Reading:**

- Robert Taylor's Family Medicine
- Gorol's Primary Care Medicine
- Pocket Medicine: Massachusetts General Hospital Handbook of Internal Medicine
- King and Wheeler's Medical management of vulnerable and underserved patients: principles, practice and populations. 2007

**Official Grading Policy:** The student will receive a grade of Pass or Fail. No honors will be awarded for this course. The student's final grade will be submitted on the standard UC Irvine elective form. If the student fails the elective a grade of "F" will be permanently recorded on his/her transcript. The student can repeat the course for a second grade, however, the "F" will not be removed from the transcript.