

647A Art of Doctoring

*Students must obtain permission from the Elective Director prior to enrollment in this course.
This rotation is not accepting international students.*

Course Description: Art of Doctoring combines large-group mini-presentations by outstanding UCI-SOM faculty and small group discussions designed to enhance the physician-patient relationship, expand students' communication skills, and provide strategies to promote compassion and empathy as core physician values. The class uses self-reflective practices, role-modeling, reflective writing, and case-based practical problem solving.

Department: Educational Affairs

Prerequisites: UC Irvine 4th year students must have completed their basic science course work

Elective Credit: 2 weeks (*Clinical Credit*)

Restrictions: This course is for UC Irvine 4th year students only.

Elective Director: Johanna Shapiro, Ph.D. , Department of Family Medicine, UC Irvine Medical Center, 101 The City Drive South, Building 200, 5th Floor, Orange, CA 92868, (714) 456-5171, (949) 824-3748, jfshapir@uci.edu

Instructing Faculty: Johanna Shapiro, Ph.D., Lawrence Faziola, MD, Richard Kelly, MD, Ron Koons, MD, and other UCI-SOM faculty.

Course Website: Canvas

Who to Report to on the First Day: Johanna Shapiro, PhD

Location to Report on the first Day: UC Irvine Medical Center

Time to Report on the First Day: 4:00 pm

Site Coordinator: Johanna Shapiro, Ph.D., Department of Family Medicine, UC Irvine Medical Center, 101 The City Drive South, Building 200, 5th Floor, Orange, CA 92868, (714) 456-5171, (949) 824-3748, jfshapir@uci.edu

Site: UC Irvine Medical Center

Periods Available: August to March (weekly classes; break Nov- Dec for interviewing)

Duration: 20 sessions (Sept-March); 2 hours each; 1 required clinical observation; approximately 4 hours per week independent study (reading, writing, clinical observations).

Number of Students: 10-50

Scheduling Coordinator:

UC Irvine students must officially enroll for the course by contacting the Scheduling Coordinator via email or phone (714) 456-8462 to make a scheduling appointment once approved by Elective Director.

- Develop self-awareness in the service of patient care
- Enhance the physician-patient relationship and expand students' communication skills
- Provide strategies to promote compassion and empathy as core physician values
 - Understand the usefulness of reflection and imaginative perspectives in a) cultivating compassion and empathy for patients, patients' family members, peers, self, and others b) developing insight into how best to convey compassion and caring in the doctor-patient relationship.
- Emphasize the value of physician self-care
- Highlight the importance of intraprofessional team relationships
- Understand how social determinants of disease and structural vulnerabilities/inequalities impact patient care

Key Topics:

- Honing communication skills (verbal and nonverbal)
 - Motivational interviewing
 - Improvisational theater exercises
- Developing the doctor-patient relationship
- Role of empathy and compassion in clinical practice
- Nonverbal communication at the bedside
- Difficult doctor-patient conversations and interactions
- Working with and leading interprofessional teams
- Social determinants of illness and structural vulnerabilities/inequalities
- Loss, grief, and healing
- Medical Errors and mistakes
- Professionalism
- Self-care for physicians

Competencies:

- Improve ability to listen carefully, accurately, and precisely to patients.
- Improve ability to accurately reflect and paraphrase patient statements, perspectives
- Improve ability to pay careful attention to language and tone in communicating with patients
- Improve ability to attend to and interpret nonverbal behavior
- Improve self-awareness and self-knowledge
- Improve ability to work through emotional responses of anger, frustration, defensiveness, and detachment.
- Improve ability to convey empathy, understanding, respect, and caring toward patients
- Increase ability to re-center or restore emotional equilibrium in stressful situations.
- Improve ability to use writing, reading and other humanities-based techniques to reflect on difficult patients and situations for the purpose of gaining new insight and developing new courses of actions.
- Improve ability to work with and lead interprofessional teams
- Improve ability to acknowledge and incorporate understanding of social determinants of illness and structural vulnerabilities/inequalities in patient care

Attitudes and Commitments:

- Increased compassion, empathy toward patients
- Attitudes of service
- Renewed commitment to the practice of medicine generally, and in particular toward patients often stigmatized in the medical system.

Educational Activities: Art of Doctoring combines large group mini-lectures with small group discussion to enhance the physician-patient relationship, expand students' communication skills, and provide strategies to promote compassion and empathy as core physician values. The class uses self-reflective practices, role modeling, reading, and case-based problem-solving.

All students must complete 3 written assignments and a final project.

What Students should do to Prepare for the Rotation: Students must have the willingness to participate in reflection and a reasonable degree of self-disclosure for the purpose of developing more compassionate and caring attitudes and behaviors toward patients.

Clinical Responsibilities of the Student: One clinical observation session.

Patient Care Responsibilities of the Student: None directly, other than standard patient care responsibilities as part of their other rotations..

Call Schedule of the Student: None, other than required call as part of their other rotations.

Procedures to be Learned by the Student: None

Percentage of Time Students will Participate in Ambulatory Setting: Only as determined by their other rotations.

Conference/Lecture/Small Group Sessions:

- Honing communication skills
- Developing the doctor-patient relationship
- Nonverbal communication at the bedside
- Residency interviewing
- Motivational interviewing
- Improvisational theater exercises
- Difficult doctor-patient conversations and interactions
- Working with and leading interprofessional teams
- Loss, grief, and healing
- Medical errors and mistakes
- Cultivating compassion and empathy
- Social determinants of health and illness
- Professionalism

- Self-care for physicians

Course Hours:

25.0 Case based

25.0 Small Groups

30.0 Other: reading, reflective writing,
clinical observation

80.0 Total

Content Theme Integration

- Communication Skills
- Death & Dying
- Decision Making
- Ethics
- Geriatrics
- Humanities
- Multicultural Medicine
- Patient-Health Education
- Spirituality

Required Reading: None

Recommended Reading(s):

- Eric Cassell - The Healer's Art
- Howard Brody - Stories of Sickness
- Arthur Frank - The Wounded Storyteller
- Rachel Naomi Remen - Kitchen Table Wisdom
- David Loxterkamp - A Measure of My Days
- David Hilfiker - Healing the Wounds
- Richard Selzer - Letters to a Young Doctor
- Richard Selzer - The Doctor Stories
- Jon Mukand (ed) Articulations: The Body and Illness in Poetry
- James Pennebaker - Opening Up
- Pema Chodron - When Things Fall Apart
- Jack Kornfield - A Path with Heart
- John Kabat-Zinn - Where Ever You Go, There You Are
- Pauline Chen Final Exam
- Atul Gawande – Complications; Being Mortal
- Danielle Ofri – Singular Intimacies; Incidental Findings; What Doctors Feel
- A Life in Medicine: A Literary Anthology Robert Coles, Testa eds.
- Suzanne Poirer - Doctors in the Making

Official Grading Policy: This elective is offered H/P/F. Students will receive a passing mark if they 1) Attend 13 out of the 20 sessions 2) Complete all writing assignments satisfactorily 3)

Complete 72 points based on attendance, assignments, and extra credit. Students who accumulate 90 points will receive Honors. The instructor will contact all students halfway through the course and provide feedback on their standing in course, including identification of problems and recommended solutions. If a student fails the course he/she will be given the option of doing additional written work that will be negotiated between the instructor(s) and the student; or he/she will repeat the elective.