

# 675A Substance Abuse

This course is available to UC Irvine students only

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**Course Name** Substance Abuse  
**Course Director** Aaron Kheriaty, MD

**Academic Year** 2020-2021

## 1. Course Director, Coordinator and General Administrative Information

### FACULTY AND STAFF

Name	Office Location	Phone	Email
Director: Aaron Kheriaty, MD	UCIMC, Bldg 3, Rt 88	714-456-6535	akheriat@uci.edu
Coordinator: Nallely Aparicio	101 The City Dr. Bldg. 3, Rt. 88	714-456-6535	naparici@uci.edu

### DESCRIPTION

This two-week course provides an opportunity to directly observe and learn the principles of substance abuse treatment. Students will attend therapeutic groups, 12 step meetings, and family interventions. Students will attend didactic sessions and small group discussions.

### PREREQUISITES

This course is intended for 3<sup>rd</sup> and 4<sup>th</sup>-year students enrolled in the undergraduate medical education program at University of California, Irvine School of Medicine (UCISOM).

### RESTRICTIONS

This course is intended for 3<sup>rd</sup> and 4<sup>th</sup>-year students enrolled in the undergraduate medical education program at University of California, Irvine School of Medicine (UCISOM).

### COURSE DIRECTOR

Dr. Aaron Kheriaty has worked in medical education since 2007. He is an Associate Professor of Psychiatry and Director of the Program in Medical Ethics at the University of California Irvine School of Medicine, where he also serves as chairman of the clinical ethics committee at UCI Health. Dr. Kheriaty graduated from the University of Notre Dame in philosophy and pre-medical sciences and earned his MD degree from Georgetown University. He is the author of several books and

**UCI School of Medicine**  
Curriculum and Educational Policy Committee

articles for professional and lay audiences on bioethics, social science, and psychiatry. In addition to articles in peer reviewed journals, his work has been published in the Wall Street Journal, the Washington Post, the Orange County Register, First Things, and The New Atlantis. He has conducted print, radio, and television interviews on bioethics topics with The New York Times, the Los Angeles Times, CNN, NPR, ABC, NBC, and other outlets.

Nallely Aparicio is the course coordinator for 675A course.

**INFORMATION FOR THE FIRST DAY**

Who to Report to First Day: Dr. Dragos Serseni, [Dragos.Serseni@va.gov](mailto:Dragos.Serseni@va.gov)

Location to Report on First Day:

Villages At Cabrillo  
2001 River Avenue  
Building 28  
Long Beach, CA 90806  
Phone: (562) 826-8000 Ext 5610

Time to Report on First Day: 8 a.m. Dr. Serseni will explain the rest of the schedule

**SITE:** VA Cabrillo Program, Villages At Cabrillo, 2001 River Avenue, Building 28, Long Beach, CA 90806

**DURATION:** 2 weeks

**Scheduling Coordinator:** UC Irvine students please call (714) 456-8462 to make a scheduling appointment.

**Periods Available:** The time of the course must be pre-approved by the elective director at least 3 months prior to the start of the course. No exceptions.

**NUMBER OF STUDENTS ALLOWED:** Varies depending on site

**COMMUNICATION WITH FACULTY**

Questions about logistics should be directed to the Course Coordinator. Direct questions, comments, or concerns about the course can be directed to the Course Director. Contact information and office location are at the beginning of this document.

The Course Director is also available to meet in person. Please email [naparici@uci.edu](mailto:naparici@uci.edu) to arrange an appointment. To ensure that your email will not be lost in the large volume of email received, please use the following convention for the subject line:

SUBJECT: COURSE NAME, your last name, your issue (e.g. XXX, Smith, Request for appointment)

## 2. Course Objectives and Program Objective Mapping

The following are the learning objectives for the 675A course. Students are expected to demonstrate proficiency in these areas in order to satisfactorily complete the course. In addition, the extent of a student's mastery of these objectives will help guide the course evaluation and grade.

<b>Course Objective</b>	<b>Mapped UCI School of Medicine Program Objective</b>	<b>Sub Competency</b>	<b>Core Competency</b>
Be knowledgeable about treatment options that are available for substance abuse including outpatient, residential and inpatient.	A-5. Knowledge of medical practice, including healthcare economics and health systems impacting delivery and quality of patient care	Medical Practice	Knowledgeable
Experience the treatment process that a substance abuse patient would go through	C-2. Professional behaviors reflecting compassion and respect for patient privacy, altruism and a commitment to comprehensive, holistic medical care	Compassion	Altruistic
	D-2. A commitment to patient care and to the well-being of patients and colleagues	Patient Care	Dutiful
Develop empathy for the substance abusing patient	C-2. Professional behaviors reflecting compassion and respect for patient privacy, altruism and a commitment to comprehensive, holistic medical care	Compassion	Altruistic

**UCI School of Medicine**  
Curriculum and Educational Policy Committee

Understand the family process and dynamic that affect substance abuse	C-3. Sensitivity and awareness of diverse cultures, health beliefs and social factors impacting patient health and illness	Cultural and Social Awareness	Altruistic
Be aware of resources for treating substance abuse	B-5. The ability to practice effective preventive medicine by identifying, addressing and advocating for strategies to maintain health and well-being, to identify and treat disease early where appropriate and to advise on lifestyle practices	Patient Management	Skillful
Understand comorbid medical complications of substance abuse	A-2. Knowledge of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of health maintenance to prevent disease	Disease Pathogenesis and Treatment	Knowledgeable

### 3. Course Resources

**TEXTS AND READINGS: SUGGESTED**

- Frances L and Herbert K. Alcohol and Substance Abuse Disorders. Psychiatry. Cutler and Marcus (editors). Pennsylvania, W.B. Saunders.1999
- Pharmacological Management of Alcohol Withdrawal: A Meta-Analysis and Evidence Based Practice Guideline", JAMA, July 19, 1997 - Vol 278, No 2
- New Pharmacotherapies for Treating the Neurobiology of Alcohol And Drug Addiction  
<http://psychiatrymmc.com/displayArticle.cfm?articleID=article174>
- Psychosocial Treatments for Substance Use Disorders: Guiding Principles for Promoting Behavioral Change  
<http://www.primarypsychiatry.com/asp/articleDetail.aspx?articleid=90>

**TEXTS AND READINGS: SUPPORTING AND REVIEW**

- U.S. Department of Health and Human Services: Substance Abuse & Mental Health Services Administration <http://www.samhsa.gov/index.aspx>
- Subutex and Suboxone Questions/Answers
- [http://www.fda.gov/cder/drug/infopage/subutex\\_suboxone/subutex-qa.htm](http://www.fda.gov/cder/drug/infopage/subutex_suboxone/subutex-qa.htm)
- Clinical Institute Withdrawal Assessment of Alcohol Scale, Revised. One practical approach to alcohol detoxification from University of 4/1/2016 Iowa, <http://www.asam.org/Addiction%20Medicine%20Essentials/INSERT%20janFeb%202001.pdf>

## 4. Major Exams, Assignments and Grading

### MAJOR ASSIGNMENTS AND EXAMS

#### GRADING

Medical Students are graded using the following scale: Honors (H), Pass (P), Fail (F) and Incomplete (I). For further information, please review the [Grading Policy](#).

The student is graded by the attending at the site with input from allied health professionals on professionalism, participation and knowledge. If the student fails the elective a grade of "F" will be permanently recorded on his/her transcript. The student can repeat the course for a second grade.

You have 30 days from the date of the grade to appeal any aspect of this grade. Please contact your Clerkship/course Director should you have any questions.

**Requirements for "Pass":** To receive a grade of Pass, students must demonstrate successful performance in all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

**Requirements for "Honors":** To receive a grade of Honors, students must demonstrate exceptional performance all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning

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Curriculum and Educational Policy Committee

- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

**Grounds for “Incomplete”:** You will not be issued a grade until all elements of the course have been completed.

**REMEDIATION**

Remediation, if needed will be designed by the Course Director to suit the issue at hand.

**Grounds for “Fail”:** You will receive a grade of "Fail" if the requirements for passing the course have not been met. Please refer to the [Grading Policy](#) for the impact of the "Fail" grade to the transcript.