

640E NEUROLOGY CRITICAL CARE (NEURO ICU CORE ROTATION)

Course Description: This elective in Neuro Critical Care and ICU is designed to give the student increased exposure and autonomy in care of the Neurocritical care patient, including the medical treatment in acute neurological patients. Students function as sub interns, becoming integral members of the ICU team, and several primary caregivers under supervision.

Department: Neurology

Prerequisites: Successful completion of 1st and 2nd year curriculum. Successful completion of the 3rd year neurology core rotation

Restrictions: This course does not accept international students

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Instructing Faculty:

Cyrus Dastur, MD HS Clinical Professor of Neurology
 Leonid Groysman, MD HS Clinical Professor of Neurology
 Yama Akbari, MD PhD Clinical Professor of Neurology
 Sara Stern-Nezer, MD HS Clinical Professor of Neurology
 Frank P K Hsu, MD, PhD, Chair and Clinical Professor of Neurological Surgery
 Kiarash Golshani, MD Assistant Clinical Professor of Neurological Surgery
 Jefferson Chen, MD Assistant Clinical Professor of Neurological Surgery
 Shuichi Suzuki, MD, PhD, Assistant Clinical Professor of Neurological Surgery

Course Website: <http://www.neurology.uci.edu/overview.html>

Who to Report to First Day: Sara Stern-Nezer, MD, Neurology Clerkship Director / Stephanie Makhlof, Neurology Education Coordinator

Location to Report on First Day: UC Irvine Medical Center- Neurology Department, Conference Room, 200 Manchester Ave., Suite 206, Orange, CA 92868

Time to Report on First Day: 7:30 am

Site: UC Irvine Medical Center

Periods Available: Throughout the year

Duration: 4 weeks

Number of Students: 1 per block

Scheduling Coordinator: _____

UC Irvine students must officially enroll for the course by contacting the Scheduling Coordinator via email or phone (714) 456-8462 to make a scheduling appointment.

Extramural students enrolled at a U.S. LCME medical school must use VSAS to apply. To apply please refer to this website <https://students-residents.aamc.org/attending-medical-school/electivesandmake-courses/applying-away-electives-vsas/>

Course Objectives: At the end of this rotation the student will be able to. . .

- The sub-internship will provide the student with experience and preparation for inpatient medical care
- the student will be a "first evaluator" of patients, and perform complete and reliable history on new admissions
- The student will be expected to independently establish a differential diagnosis based on lesion localization, time course, and other relevant historical features

- the student may write admitting and daily patient diagnostic and therapeutic orders, under the supervision of a resident and/or attending physician
- The student will evaluate patients on a daily basis on morning rounds, and serve as the principle caregiver, under the direct supervision of a resident and attending physician.
- Awareness of the utility and interpretation of various diagnostic tools that aid in reaching a diagnosis of acute neurological disorders
- The student will be able to recognize the importance of multidisciplinary care in management of complex neurological patients
- The student will be able to recognize the importance of palliative and hospice care in patients with advanced and fatal neurological disorders

Additional objectives:

- The student will gain skills in teaching junior medical students about patient care skills
- The student will show increasing abilities to work with other members of the health care team, to communicate and consult on an increasingly effective level.
- The student will demonstrate increasing responsibility and ability to care for neurologic patients including diagnosis, management, patient education, and discharge planning.

Key Topics:

- Approach to care and management of the acutely ill neurology patient
- Basics of Neuro-Intensive Care
- Management of complex post-operative neurosurgical patients
- management of intracranial pressure
- Basics of bedside procedures including central lines, arterial lines, intracranial pressure monitors, external ventricular drains, etc.

Competencies:

- Learn the basics of management of the Neurologic patient in the Intensive Care Unit
- Learn the utility of various neuro-imaging studies to aid in the diagnosis of cerebrovascular disorders
- learn the role of multidisciplinary care in management of complex neurological disorders
- Learn the basics of management of the following in the Neuro ICU patient: respiratory failure, diagnosis/treatment, ventilator therapy/modes/weaning, invasive monitoring, placement/interpretation, cardiogenic shock/vascular dynamics, cardio dysrhythmias/ACLS, fluid, electrolyte, acid-base management, sepsis/infection control, renal insufficiency/failure, coagulopathy/blood component therapy, hepatic/gastrointestinal dysfunction and failure

Attitudes and Commitments:

- Appreciate the challenges faced by Neuro-Intensive care patients who suffer from acute neurological conditions
- Appreciate the challenges families face dealing with a family member with an acute neurological condition.
- Commitment to help achieve independence in activities of daily living for such patients with neurological dysfunctions.

Educational Activities:

Monday through Friday (6:30 AM - 6 PM) Patient Rounds and required final exam on last day of course.

In Addition:

Wednesday AM (7:30 - 9:00 AM) Neuro-Radiology Case Conference

Thursday PM (5 PM - 6 PM) Stroke Clinical Case Conference

Friday AM (8 AM - 9 AM) Neurology Grand Rounds

Friday AM (9 AM - 10 AM) Neurosurgery Grand Rounds

What Students should do to Prepare for the Rotation: Thorough understanding of the basic Neurosciences.

Clinical Responsibilities of the Student: Rounds, new inpatient visits, and daily pre-rounding on their assigned patients, consults in the Emergency Department

Patient Care Responsibilities: Rounds with Attending Physician, Initial Pt evaluation

Call Schedule of the Student: one elective weekend or overnight call shift per week

Procedures Learned by the Student:

- Lumbar puncture
- Arterial Lines
- Central Venous Lines
- External Ventricular Drains
- Intracranial pressure monitors (Camino Bolt Intracranial Pressure Monitor)

Percentage of Time Student will participate in Ambulatory Setting: 0-5% this is predominantly an inpatient rotation.

Conference/Lecture/Small Group Sessions:

All students will participate in the same schedule of Neurology conferences, and didactics.

All students will participate in 4 weeks of Neuro-critical care service

List the required rotations that are part of the clerkship, and the average amount of time spent in each

Neuro-critical care service - 4 weeks

Course Hours Weekly Summary:

2.5	Conference
2	Grand Rounds
2	Lecture
57.5	Ward Rounds
2	Other
65	Approx. Total

Content Theme Integration: Integrate brain structure and function of the nervous system with internal medicine and psychiatry.

Required Reading List:

Readings will be assigned

- The NeuroICU Book. Kiwon Lee, 2012
- Decision Making in Neurocritical Care. Jennifer A Frontera, 2009

- Handbook of Neurocritical Care / edited by Anish Bhardwaj, Marke A Mirski, John A Ulatowski, c2004

Recommended:

- Hal Blumenfeld, MD PhD, Neuroanatomy Through Clinical Cases. 2nd edition. Sinauer Associates Inc Publishers, Sunderland, MA. 2010.
- Michael Benatar, Bernard S. Chang, Juan A. Acosta, Andrew Tarulli, Louis R. Caplan. Blue Prints Neurology, 3rd edition. Lippincott Williams & Wilkins, Philadelphia, PA. 2009.

Optional:

Official Grading Policy: The student will receive a grade of Honors, Pass or Fail. The student's final grade will be submitted on the standard UC Irvine elective form. If the student fails the elective a grade of "F" will be permanently recorded on his/her transcript. The student can repeat the course for a second grade; however, the "F" will not be removed from the transcript.