670A: PHYSICAL MEDICINE AND REHABILITATION

Course Description: This course is offered as a 2-week or 4-week elective to provide students with a full-time experience in the field of Physical Medicine and Rehabilitation. Students will be exposed to both inpatient and outpatient experiences and will learn the roles of a PM&R specialist, as well as those of physical therapy, occupational therapy, speech therapy and other services in the multi-disciplinary approach to managing patient with impairment, disability and handicap. Students work under supervision of resident and attending physicians, participating in formal lectures as well as clinical teaching.

Department — Physical Medicine & Rehabilitation

Prerequisites — UC Irvine medical students must have successfully completed their basic science curriculum. Extramural students must be in the final year of medical education.

Restrictions — None

Elective director — Jay J. Han, MD, 101 The City Drive South, Department of Physical Medicine & Rehabilitation, Building 53, Suite 311A, Orange, CA 92868-4580

Instructing faculty — Physical Medicine & Rehabilitation faculty

Course website — http://www.pmr.uci.edu/medical-students.asp

Reporting on the first day — Please contact the site coordinator.

Reporting time on first day — 8:00 a.m.

Site coordinator — Tiffany Nguyen, Department of PM&R, tiffanymn@uci.edu or 714-456-6984.

Locations — UC Irvine Medical Center, Long Beach VA Healthcare System, and Long Beach Memorial Medical Center

Periods available — Throughout the year, except June 19th through July 16th and December 18th to December 31st

Duration — 2-week and 4-week rotations are available.

Scheduling:
- UC Irvine medical students, please review the elective schedule via the UC Irvine Scheduling System, https://intranet2.ha.uci.edu/studentscheduling/MainMySchedule
- Please contact Tiffany Nguyen, Department of PM&R, at tiffanymn@uci.edu to confirm availability and to schedule.
Scheduling coordinator:
- UC Irvine medical students, please contact Tiffany Nguyen, Department of PM&R, at tiffanymn@uci.edu to schedule elective rotations.
- Extramural students enrolled at a U.S. LCME medical school must apply through the Visiting Students Application Service (VSAS®).

Course objectives — At the end of this rotation, the medical student will be:
- Acquainted with physical medicine and rehabilitation as a medical specialty
- Understand appropriate situations for referral to PM&R
- Learn the scope and nature of PM&R practice

Key topics — Musculoskeletal and Neurological exam; rehabilitation assessment, Multi-disciplinary model and team approach to patient care

Competencies — Musculoskeletal and Neurological examination skills

Attitudes and commitments — Understand PM&R and how referral to this specialty can benefit patients.

Educational activities — Varies with assignment (will incorporate clinical exposure, didactic learning, and small group discussions).

Preparing for rotation — Review basic physical examination skills

Clinical responsibilities of the student — Varies with rotation

Patient care responsibilities — Varies with rotation

Student call schedule — None

Procedures learned — Varies with rotation

Percentage of time in ambulatory setting — Varies with rotation

Conference/lecture/small group sessions — Medical students are required to attend the weekly PM&R Resident didactic sessions held on Thursday afternoons. They will also be required to give a presentation about a PM&R topic while rotating at UCIMC.

Course hours weekly summary:
- 40 hours/week

Content theme integration — None

Recommended reading — None
Official grading policy — The student will receive a grade of Honors, Pass or Fail. UCI medical students’ final grades will be submitted on the standard UC Irvine elective form. Medical students will be evaluated by attendings and residents in the areas of medical knowledge, patient care, practice-based learning, interpersonal and communication skills, professionalism, and systems-based practice.