675D Child and Adolescent Psychiatry

Course Name: Child and Adolescent Psychiatry
Course Director: Aaron Kheriaty, MD

Academic Year: 2020-2021

1. Course Director, Coordinator and General Administrative Information

<table>
<thead>
<tr>
<th>FACULTY AND STAFF</th>
<th>Office Location</th>
<th>Phone</th>
<th>Email</th>
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<tr>
<td>Director: Aaron Kheriaty, MD</td>
<td>UCIMC, Bldg. 3, Rt 88</td>
<td>714-456-5770</td>
<td><a href="mailto:akheriat@uci.edu">akheriat@uci.edu</a></td>
</tr>
<tr>
<td>Coordinator: Vanessa Valle</td>
<td>101 The City Dr. S., Rt. 88</td>
<td>714-456-5770</td>
<td><a href="mailto:Vvalle1@uci.edu">Vvalle1@uci.edu</a></td>
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DESCRIPTION
The student will be assigned inpatient responsibilities in adolescent psychiatric settings. Students will work directly with patients, will attend unit groups, outings, rounds and seminars. Students will read articles related to depression, sexual abuse, substance abuse, and pharmacology as it relates to children and adolescents.

PREREQUISITES
This course is intended for 3rd and 4th-year students enrolled in the undergraduate medical education program at University of California, Irvine School of Medicine (UCISOM).

RESTRICTIONS
This course is intended for 3rd and 4th-year students enrolled in the undergraduate medical education program at University of California, Irvine School of Medicine (UCISOM).

COURSE DIRECTOR
Dr. Aaron Kheriaty has worked in medical education since 2007. He is an Associate Professor of Psychiatry and Director of the Program in Medical Ethics at the University of California Irvine School of Medicine, where he also serves as chairman of the clinical ethics committee at UCI Health. Dr. Kheriaty graduated from the University of Notre Dame in philosophy and pre-medical sciences and earned his MD degree from Georgetown University. He is the author of several books and articles for professional and lay audiences on bioethics, social science, and
psychiatry. In addition to articles in peer reviewed journals, his work has been published in the Wall Street Journal, the Washington Post, the Orange County Register, First Things, and The New Atlantis. He has conducted print, radio, and television interviews on bioethics topics with The New York Times, the Los Angeles Times, CNN, NPR, ABC, NBC, and other outlets.

Vanessa Valle is the course coordinator for 675D course.

**INFORMATION FOR THE FIRST DAY**

*Who to Report to First Day:* Child Psychiatry Fellow

*Location to Report on First Day:* UC Irvine Medical Center, Neuropsychiatric Center, Building 3, 2 North

*Time to Report on First Day:* 8 a.m.

**SITE:** UC Irvine Medical Center

**DURATION:** 4 weeks

**Scheduling Coordinator:** UC Irvine students please call (714) 456-8462 to make a scheduling appointment.

**Periods Available:** The time of the course must be pre-approved by the elective director at least 3 months prior to the start of the course. No exceptions.

**NUMBER OF STUDENTS ALLOWED:** 1 per rotation

**WHAT STUDENTS SHOULD DO TO PREPARE FOR THE COURSE**

- Be familiar with the major diagnostic categories in DSM-5, particularly those that typically present in childhood or adolescents
- Be familiar with the different classes of medications that are used in psychiatry

**COMMUNICATION WITH FACULTY**

Questions about logistics should be directed to the Course Coordinator. Direct questions, comments, or concerns about the course can be directed to the Course Director. Contact information and office location are at the beginning of this document.

The Course Director is also available to meet in person. Please email vvalle1@uci.edu to arrange an appointment. To ensure that your email will not be lost in the large volume of email received, please use the following convention for the subject line:
2. Course Objectives and Program Objective Mapping

The following are the learning objectives for the 675D course. Students are expected to demonstrate proficiency in these areas in order to satisfactorily complete the course. In addition, the extent of a student's mastery of these objectives will help guide the course evaluation and grade.

<table>
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<tr>
<th>Course Objective</th>
<th>Mapped UCI School of Medicine Program Objective</th>
<th>Sub Competency</th>
<th>Core Competency</th>
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<tr>
<td>The purpose of the psychiatric interview</td>
<td>A-3. Knowledge of basic clinical skills required to meet the skills objectives, including interviewing, physical diagnosis, communication and clinical reasoning processes</td>
<td>Basic Clinical Skills</td>
<td>Knowledgeable</td>
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<tr>
<td>The purpose and form of the psychiatric work-up</td>
<td>A-3. Knowledge of basic clinical skills required to meet the skills objectives, including interviewing, physical diagnosis, communication and clinical reasoning processes</td>
<td>Basic Clinical Skills</td>
<td>Knowledgeable</td>
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<td>The major manifestations and differential diagnosis of the following psychiatric disorder: Substance-Related, Schizophrenia, Mood, Anxiety, Somatoform, Sexual, Sleep, Personality, Factitious, Dissociate and Amnestic, and Childhood Disorders, with particular</td>
<td>A-2. Knowledge of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of health maintenance to prevent disease</td>
<td>Disease Pathogenesis and Treatment</td>
<td>Knowledgeable</td>
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<tr>
<td>Attention to the manifestation of these disorders in children and adolescents.</td>
<td>A-2. Knowledge of the pathogenesis of diseases, interventions for effective treatment, and mechanisms of health maintenance to prevent disease</td>
<td>Disease Pathogenesis and Treatment</td>
<td>Knowledgeable</td>
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<td>The major groups of psychopharmalogic agents used in child and adolescent psychiatry, including their indications, effects, side effects and contraindications, with particular reference to antipsychotics, antidepressants, mood stabilizers, anxiolytic agents, sedative/hypnotic agents, and stimulants.</td>
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<td>An understanding of the major psychosocial interventions and their indications, including the use of psychotherapy, family and social case work in children and adolescents</td>
<td>A-3. Knowledge of basic clinical skills required to meet the skills objectives, including interviewing, physical diagnosis, communication and clinical reasoning processes</td>
<td>Basic Clinical Skills</td>
<td>Knowledgeable</td>
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<td>The legal and psychological principles of treating the violent, the suicidal, the incompetent, and the uncooperative patient</td>
<td>A-4. Knowledge of population health, epidemiology principles and the scientific basis of research methods relevant to healthcare</td>
<td>Population Health and Epidemiology</td>
<td>Knowledgeable</td>
</tr>
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<td>Familiarity with the major services available to the mentally ill, as well as social services for child and adolescent patients, and methods of referral to such services.</td>
<td>A-5. Knowledge of medical practice, including healthcare economics and health systems impacting delivery and quality of patient care</td>
<td>Medical Practice</td>
<td>Knowledgeable</td>
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3. Course Resources

TEXTS AND READINGS: SUGGESTED
- Child & Adolescent Psychopharmacology, Hugo Green

4. Major Exams, Assignments and Grading

MAJOR ASSIGNMENTS AND EXAMS

GRADING
Medical Students are graded using the following scale: Honors (H), Pass (P), Fail (F) and Incomplete (I). For further information, please review the Grading Policy.

The student will receive a grade of Honors, Pass or Fail. The student's final grade will be submitted on the standard UC Irvine elective form. The student will be evaluated by attendings and residents in the areas of interest, participation, completion of work undertaken, and quality of understanding, knowledgebase, and professionalism. If the student fails the elective a grade of "F" will be permanently recorded on his/her transcript. The student can repeat the course for a second grade, however, the "F" will not be removed from the transcript.

You have 30 days from the date of the grade to appeal any aspect of this grade. Please contact your Clerkship/course Director should you have any questions

Requirements for “Pass”: To receive a grade of Pass, students must demonstrate successful performance in all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
- Interpersonal & Communication Skills
- Professionalism
- Systems-Based Practice

Requirements for “Honors”: To receive a grade of Honors, students must demonstrate exceptional performance all the following areas:

- Knowledge
- Patient Care
- Practice-Based Learning
• Interpersonal & Communication Skills
• Professionalism
• Systems-Based Practice

_Grounds for “Incomplete”:_ You will not be issued a grade until all elements of the course have been completed.

**REMEDICATION**
Remediation, if needed will be designed by the Course Director to suit the issue at hand.

_Grounds for “Fail”:_ You will receive a grade of "Fail" if the requirements for passing the course have not been met. Please refer to the [Grading Policy](#) for the impact of the "Fail" grade to the transcript.