

## OBSTETRICS & GYNECOLOGY - U-TEACH

### A Unique Teaching Experience about Childbirth and Health

This rotation is only for UC Irvine students and is for transcript notation only

**Course Description:** U-TEACH is designed to provide medical students with a unique opportunity to learn about pregnancy, childbirth, and the process of perinatal care through classroom and clinical experience. Students are paired with pregnant women and attend all prenatal exams as well as the birth.

**Department:** OB/GYN

**Prerequisites:** Matriculation at UC Irvine, School of Medicine

**Restrictions:** UC Irvine students only, requires approval before enrollment

**Elective Director:**

- Julianne Toohey M.D. , UC Irvine Medical Center [jtoohey@uci.edu](mailto:jtoohey@uci.edu)
- Carol Major . M.D. , UC Irvine Medical Center [camajor@uci.edu](mailto:camajor@uci.edu)

**Instructing Faculty:** Julianne Toohey, M.D. and OB/GYN faculty

**Course Website:** None

**Who to Report to First Day:** U-TEACH coordinators

**Location to Report on First Day:** TBA

**Time to Report on First Day:** TBA

**Scheduling Coordinator:** Please contact Jamie McGuire: [jmcguire@uci.edu](mailto:jmcguire@uci.edu) and Amy Svicarovich: [asvicaro@uci.edu](mailto:asvicaro@uci.edu) for information regarding application process

**Site Coordinator:** Christina Irvin, UC Irvine Medical Center 101 The City Drive S, Bldg. 56, Suite 800, Rt. 81, Orange, CA 92868-3298, 714-456-6853, [cirvin@uci.edu](mailto:cirvin@uci.edu)

**Site:** UC Irvine School of Medicine and UC Irvine Medical Center

**Periods Available:** October to June (tentative)

**Duration:** October to June

**Number of Students:** 15

**Course Objectives:** At the end of this selective the student will:

- Have the opportunity to develop a continuous, long-term experience with a patient
- Gain knowledge about the experience of pregnancy and childbirth
- Gain knowledge about the comprehensive approach to prenatal care, which emphasizes psychosocial and medical issues that arise during pregnancy
- Learn about and implement methods of health education
- Understand the role of preventive care in the health care setting
- Observe coordination of practice by physicians, nurse midwives, social workers, nurse practitioners, registered nurse, residents, and medical students.

**Key Topics:**

- Prenatal Care Training

- Ultrasound Workshop
- Tour of Labor and Delivery at UC Irvine Medical Center
- Mom and Student Panel
- Pain and Labor (video)
- Issues with Pregnancy: psychosocial impact of pregnancy, substance abuse, domestic violence, etc.

**Competencies:**

- Knowledge of obstetrical history taking and physical exam

**Attitudes & Commitments:**

- Be committed to support patient through prenatal and birthing experience
- Be supportive in a non-judgmental fashion
- Be an advocate for the patient in the health care system
- Be available to answer questions and provide information on prenatal services

**Educational Activities:**

- Prenatal Care Training
- Ultrasound Workshop/Tour of Labor and Delivery
- Mom/Student Panel
- Pain and Labor (Lamaze video)
- Issues with Pregnancy: Part I
- Issues with Pregnancy: Part II
- Processing the Experience
- Clinic

**What Students Should do to Prepare for the Rotation:** Not stated

**Clinical Responsibilities of the Student:**

- Contacting patient and confirming appointments
- Attending majority of prenatal visits and birth
- Performing physical exam under direct supervision of physician
- Observing medical procedures relating to prenatal care

**Patient Care Responsibilities:** Be available to answer questions and provide resources

**Call Schedule of the Student:** None

**Procedures to be Learned by the Student:** Not stated

**Percentage of Time Student will Participate in Ambulatory Setting:** 50%

**Conference/Lecture/Small Group Sessions:** Not stated

**Course Hours Summary:**

12 Clinic  
 14 Lecture  
 4 Other: reading, writing,

journaling

30 Total

**Content Theme Integration:** Not stated

**Required Readings:** TBA

**Official Grading Policy:** Attendance to 6 out of 7 meetings and clinic dates, as well as completion of journals.